

Chronic Disease Connections



An e-bulletin created for healthcare systems working with patients to control their chronic disease, high blood pressure and/or manage their prediabetes, diabetes, and/or high cholesterol.

The Latest Health Promotion is Newsworthy

New AHA/ACC Performance and Quality Statement on Hypertension - The American Heart Association and the American College of Cardiology have jointly published new clinical and performance quality measures for adults with high blood pressure.

Rising trends in worsening outcomes among adults hospitalized with diabetes – A study reports rising prevalence of arrhythmias and acute myocardial infarctions, especially in young male patients with prediabetes.

Medical groups differ on when to start colorectal cancer screening – Conflicting advice on when and how average-risk adults should be screened for colon and rectal cancer could leave you confused, but new guidance aims to make sense of it all.

Physicians give EHR usability an “F” rating - Physicians participating in a survey led by the American Medical Association collectively gave EHRs a failing grade.

Cancer survivors have higher heart risk – Study says more than 1 in 10 cancer patients die from heart and blood vessel problems, rather than their initial illness.

Plan Clinic Awareness Activities for Upcoming Health Observations

National Hand
Washing Awareness
Week

World AIDS Day

Safe Toys and Gifts
Month



December

Cervical Health
Awareness Month

National Blood
Donor Month

American Heart
Month (February)

January



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Recap: 2019 Diabetes Summit

Thank you to everyone who attended, volunteered and dedicated time to help make the 2019 Diabetes + Wellness Summit a success. Over 200 people registered and attended this event filled with excellent speakers and information. Speaker slides will be made available on the [Midwest Public Health Training Center](#) website.

Diabetes News

Research center working to make insulin more affordable to people with diabetes – A West Des Moines research center is making a difference by bringing awareness to insulin prices.

How prediabetes exacts a \$43 billion toll on the US economy – It's common knowledge that 90% of the 84 million US adults with prediabetes are unaware of their condition, but how does the burden of prediabetes impact the economy?

Million Hearts News

Community Health Centers of Southeastern Iowa, Inc. was recognized by CDC and the Million Hearts® as one of 17 Champions from across the United States. The Million Hearts Hypertension Control Challenge is an opportunity for clinicians, practices, and health systems to demonstrate excellence in hypertension control. Learn more about the Challenge [here](#).



Upcoming Diabetes Lifestyle Coach Training

Gain the knowledge and skills you need to prevent or delay type 2 diabetes through a CDC-recognized intensive lifestyle change program. The next training is **January 28-29, 2020, in West Des Moines**, with a virtual training opportunity in February. [Click here for registration information](#)

Save the Date!

Iowa Stroke Systems of Care Workshop will be held on **Thursday, March 5, 2020**, at the **Gateway Hotel** in Ames. The workshop will provide attendees with an interactive day filled with learning and collaboration focused on improving Iowa stroke systems of care across multidisciplinary agencies, including stroke response drills and a stroke simulation truck. Contact cristin.mathew@heart.org with questions. [Click here to register](#).

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Upcoming Webinars

- **Iowa Pharmacy Association 2/2/2 Webinars** – December 10, 2019 & January 14, 2020
- **Palliative vs. Curative Care** – December 12, 2019
- **Childhood Obesity Through the Eyes of Hispanic Families** – December 18, 2019
- **Self-Care and Resiliency** – January 9, 2020
- **Enabling a Digital Healthcare Enterprise** – January 28, 2020
- **Know Diabetes by Heart** – Podcast Series

Funding Opportunities

- **American Medical Association Community Health Grant** - Grants for evidence-based projects that demonstrate focused, measurable results in community health and medical education programs, with priority given to services that target the prevention and reduction of type 2 diabetes and hypertension. **Letter of Intent required Friday, January 17, 2020.** Application deadline is Friday, March 20, 2020.
- **Care Coordination Training and Certification Reimbursements Request for Proposal** - The purpose of this Request for Proposal is to solicit applications that will enable the Iowa Department of Public Health to select the most qualified applicants serving patients to receive reimbursement for Care Coordination training and certification for non-physician providers. The Care Coordination training and certification will assist health systems, public health agencies, and other community organizations to implement evidence-based practices to improve high blood pressure control and diabetes and/or high cholesterol management within one or more of 18 target counties in Iowa. **Application deadline is Thursday, December 19, 2019, at 4:00pm CT.**

Upcoming Conferences and Meetings

- **Iowa Workplace Health Symposium** will be held on **Thursday, December 12, 2019**, at the **Des Moines University Olsen Center**. The symposium will take a look at mental health in the workplace and its overall impact on cardiovascular health.
- **Cardiovascular Today Conference** will be held on **Saturday, February 1, 2020**, at the **Ron Pearson Center in West Des Moines**. The conference includes a variety of lectures, panel discussions and exhibits aimed at physicians, physician's assistants, nurse practitioners, registered nurses, radiology technologists, coders, medical assistants, EMS providers and sonographers.
- **APHA Policy Action Institute** gives attendees the chance to explore the social determinants of health – access to care, education, transportation, environment, immigration/citizenship, discrimination and income inequality. To be held on **February 12, 2020**, in **Washington DC**.